Healthy Fruit smoothie recipe by mya\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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| **Introduce your recipe.** What is good about it? Can you persuade others to try it?  | It might taste nice .Yes because they might like to make it if they like it . |
| The ingredients (food) you will need are: |  1. Rasberries
2. Blueberries
3. Blackcurrent

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| The equipment your will need are: | 1. Smoothy blender
2. cup
3. Jug

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| Method. The steps to make your smoothie.  |  Cut the fruit1. Cup full of fruit
2. Put it in the smoothy blender
3. Por it in the jug
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